

Highlights from FY 2023

Comprehensive School Mental Health

Helped 74% more schools promote well-being and address students' trauma and behavioral health needs.

Engaged 360 schools in one or more of CHDI's school mental health initiatives, including CBITS, Bounce Back, SHAPE, School-Based Diversion Initiative, and Comprehensive School Mental Health implementation.



ENGAGED
360
SCHOOLS

System Development & Policy

Developed a strategic plan to address Connecticut's workforce challenges: Strengthening the Behavioral Health Workforce for Children, Youth, and Families.

Helped design Connecticut's newest level of care: Four Urgent Crisis Centers, funded by DCF, created alternatives to the emergency departments for youth experiencing a behavioral health crisis.

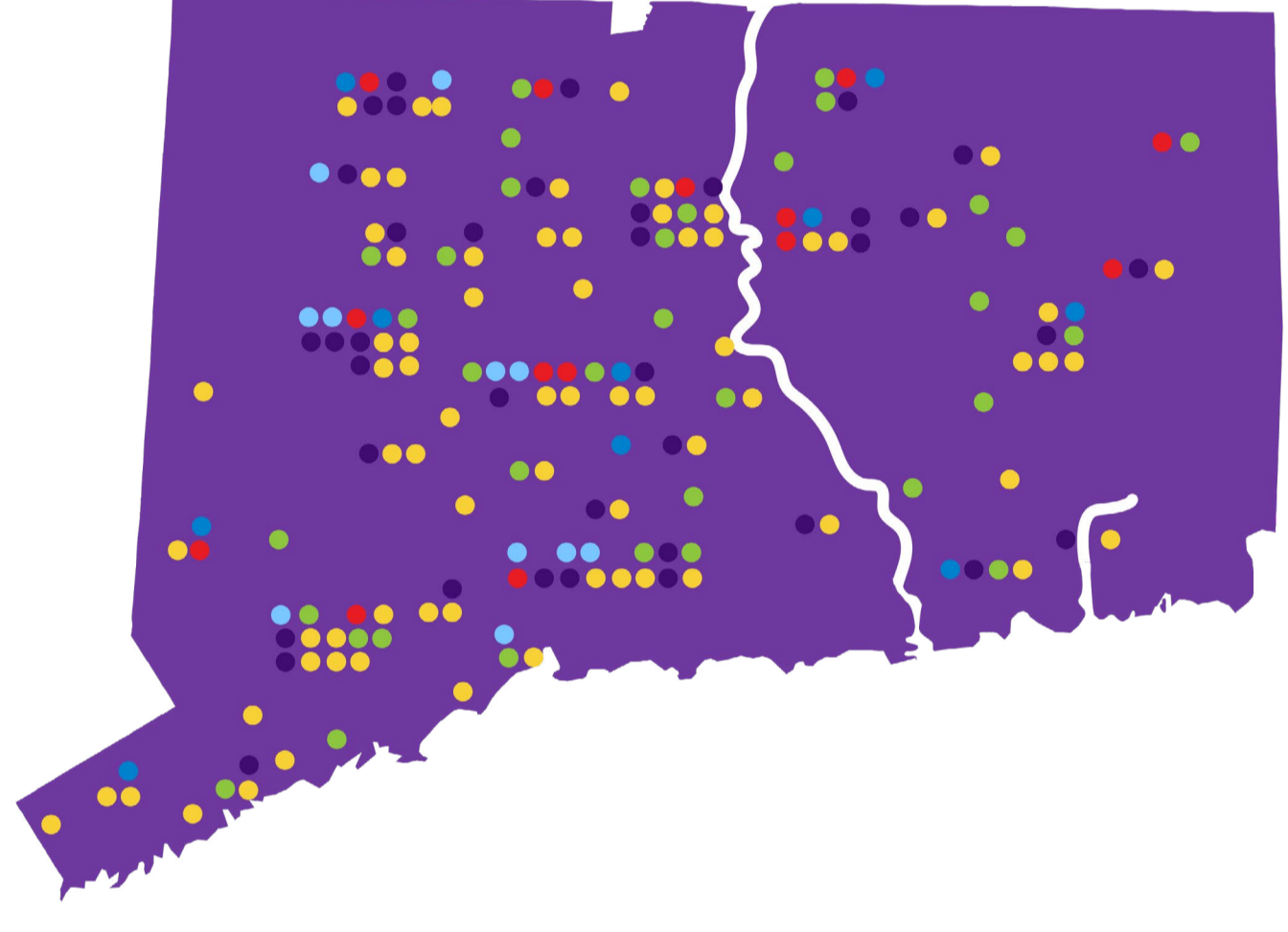
Strengthened Connecticut's system of care and helped the State secure a fourth federal CONNECT grant to enhance school mental health over the next four years.



Effective Behavioral Health Treatment

Evidence-based treatments (EBTs) improved outcomes and reduced racial and ethnic disparities more than "usual care."

2,500+ Children Received An EBT <i>disseminated by CHDI</i>	
285+ New Providers Trained in an EBT <i>TF-CBT, MATCH-ADTC, Bounce Back, CBITS, A-SBIRT, Care Coordination</i>	87% Significant Symptom Reduction <i>Children with reduced symptoms after TF-CBT</i>



Best-practice training in child trauma screening available nationwide at no cost for school staff, pediatric health providers, and child-serving professionals.

Quality Improvement

CHDI helped Connecticut improve children's behavioral health services through our continuous quality improvement process.

This year, we supported:

- Mobile Crisis Intervention Services, including expansion to **24/7/365 service**
- A network of **23 Outpatient Psychiatric Clinics for Children (OPCC)**
- Multiple evidence-based treatments
- Mobile response implementation in **five states**



9,400+
Youth Utilized Mobile Crisis In CT in SFY 2023

95%
Mobility Rate

A Commitment to Equity and Racial Justice

CHDI's core values affirm our commitment to health equity and racial justice so all children can thrive.

FY 2023 GOALS

- 1** Assess and monitor organizational progress and identify areas for improvement related to anti-racism and equity
- 2** Place anti-racism and equity as central to our internal policies
- 3** Engage staff and board in knowledge development and advancing CHDI as an anti-racist, inclusive, and multicultural organization
- 4** Apply best practices in anti-racism and equity to our work including data practices, contracts, and program initiatives



We advanced these goals by administering an organizational assessment; updating our hiring, employee review, and contracts processes; engaging staff and board in anti-racist and equity-focused activities; implementing equitable data practices; and using the Racial Equity Impact Analysis (REIA) framework to inform program design and implementation.

A Great Place to Work

CHDI was recognized as a "Best Place to Work" for the second straight year by the Hartford Business Journal and New Haven Biz!

