

# ARE YOU A CONNECTICUT MIDDLE OR HIGH SCHOOL LOOKING TO ENHANCE YOUR SCHOOL MENTAL HEALTH SYSTEM?

CHDI is seeking **4 middle or high schools** to participate in two short-term opportunities to enhance their school mental health system:

- Pilot a NEW Peer Support Program
- Complete a School Mental Health Needs Assessment (SHAPE)



STARTING MAY 2024



RECEIVE AN INCENTIVE  
UPON COMPLETION



OPPORTUNITIES TO CONTINUE  
AFTER COMPETION



## About Peer Support

- Students already seek support from peers
- Students who participate in peer support programs report increased mental health knowledge and positive well-being

### AS PART OF THE PEER SUPPORT PROGRAM, YOUR SCHOOL WILL:

- Create a school team
- Receive training about implementing this pilot
- Develop student-led activities to promote well-being
- Have access to ongoing support from CHDI

### TO COMPLETE THE SHAPE ASSESSMENT, YOUR SCHOOL WILL:

- Create a school team to work on the mental health quality assessment
- Receive technical assistance from CHDI
- Meet with CHDI to review SHAPE results

If your school is interested in piloting this program and completing the SHAPE needs assessment please contact Mackenzie Wink at [mwink@chdi.org](mailto:mwink@chdi.org)

