

# Our Behavioral Health Work: **TRAUMA-INFORMED CARE**

**CHDI is improving the early identification of children suffering from traumatic stress, increasing the number of children receiving evidence-based trauma treatment, and helping child-serving systems become trauma-informed.**

CHDI has made great strides in helping Connecticut and other states address childhood trauma. Since 2007, CHDI has collaborated with state and federal agencies, provider organizations, and families to disseminate effective trauma treatment and advance trauma-informed care across child welfare, behavioral health, pediatrics, juvenile justice, education, and early childhood systems.



## RELATED INITIATIVES

### **Trauma ScreenTIME**

Trauma ScreenTIME is a five-year initiative to improve child trauma screening across child-serving systems nationwide through a set of online training courses. ScreenTIME is part of the National Child Traumatic Stress Network (NCTSN) and is funded through a federal (SAMHSA) grant to CHDI.

### **Evidence-Based Trauma Treatments (EBTs)**

CHDI is disseminating or supporting the implementation of EBTs for child trauma across Connecticut, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC), Cognitive Behavioral Intervention for Trauma in Schools (CBITS), Bounce Back, and others. Since 2007, we have disseminated eight EBTs across Connecticut and trained hundreds of clinicians serving thousands of children each year. These interventions have reduced racial and ethnic disparities in treatment and improved outcomes compared to “usual care.”

### **Child Trauma Screen (CTS)**

CHDI, Connecticut DCF, and Yale developed a brief trauma screening measure for children, which is used by staff across child-serving settings to identify children who may be suffering from trauma exposure and need additional assessment or treatment. The CTS is available at no cost and is being used nationally.

### **Trauma-Sensitive Practices in Early Childhood**

CHDI is developing an online training series for early childhood intervention practitioners to implement trauma-informed and healing practices in their programs.