

Mobile Crisis Intervention Services is a program funded by the State of Connecticut in partnership with the United Way of Connecticut 2-1-1 and the Child Health and Development Institute (CHDI).



MOBILE CRISIS INTERVENTION SERVICES

Performance Improvement Center (PIC)

MONTHLY REPORT

September 2024

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The Mobile Crisis Intervention Services Performance Improvement Center is housed at the



Executive Summary

Note: As of January 2023, Mobile Crisis providers are available for a mobile response 24 hours a day, 7 days a week. Prior to January 2023, a mobile response was only available Monday – Friday 6:00 AM to 10:00 PM and from 1:00 PM to 10:00 PM on weekends. Unless stated otherwise, the data in this report reflects calls during all 24 hours. Select charts continue to break out data by old and new hours to highlight any differences during the expanded hours.

Call and Episode Volume: In September 2024, 2-1-1 and Mobile Crisis received 1,553 calls including 1,135 calls (73.1%) handled by Mobile Crisis providers and 418 calls (26.9%) handled by 2-1-1 only (e.g., calls for other information or resources, calls transferred to 9-1-1). This month showed a 22.0% increase in call volume from September 2023 (n=1,273). Call volume remains 12.1% lower than the same month in 2019 (n=1,766), prior to the start of the pandemic. Of the total calls and episodes, Mobile Crisis and 2-1-1 received 117 calls during the expanded overnight and weekend hours. This included 68 (58.1%) calls handled by Mobile Crisis providers and 49 (41.9%) calls handled by 2-1-1 only. The overnight and weekend call volume in September 2024 was higher than last month (91, August 2024), and September 2023 (104).

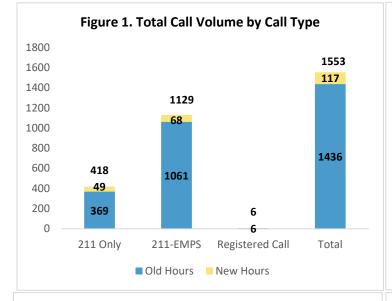
Among the **1,135 episodes of care** this month, episode volume ranged from 136 episodes (Southwestern) to 282 episodes (Hartford). The statewide average service reach per 1,000 children this month was 1.5, with service area rates ranging from 0.8 (Southwestern) to 2.0 (Hartford) relative to their specific child populations. Additionally, the number of episodes generated relative to the number of children in poverty in each service area yielded a statewide average poverty service reach rate of 3.4 per 1,000 children in poverty, with service area rates ranging from 1.4 (Southwestern) to 7.4 (Central). During the expanded overnight and weekend hours, there were 68 episodes of care with episode volume ranging from 6 episodes (Eastern) to 19 episodes (Western). The overnight and weekend episodes in September 2024 increased 11.5%, compared to last month (61, August 2024).

<u>Mobility:</u> Statewide mobility was 95.5% this month, which is lower than the rate in September 2023 (94.6%). All six service areas surpassed the 90% benchmark this month, with performance ranging from 91.0% (New Haven) to 98.2% (Southwestern). Mobility for individual providers ranged from 89.4% (CHR: MiddHosp) to 100% (UCFS:NE, CFGC: Norwalk). Thirteen (13) of the fourteen (14) individual providers met or exceeded the 90% mobility rate benchmark. Since the beginning of the COVID-19 pandemic, both video telehealth and in-person responses are reflected within the report as "mobile" responses. Beginning in FY2022, the number of video telehealth episodes can be found in Figure 9. There were no telehealth response this month. The statewide mobility rate during the new hours was 87.8%, with one (1) region meeting or exceeding the 90% benchmark. Performance ranged from 75.0% (Eastern) to 94.7% (Western). The mobility rate during the traditional Mobile Crisis hours was 95.9%, slightly higher than the overall rate of 95.5%. During the new hours, 47.1% of episodes requested a mobile response, 27.9% requested a deferred mobile response, and 25.0% requested a deferred mobile response, and 7.3% requested a non-mobile response. As seen in the mobility rate, the vast majority of callers requesting a mobile or deferred mobile response receive it.

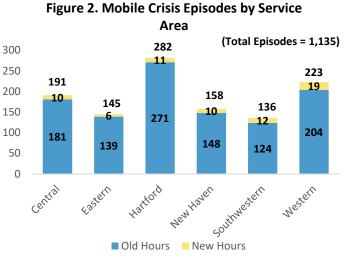
<u>Response Time:</u> Statewide, this month **89.1% of mobile episodes received a face-to-face response in 45 minutes or less**, which is higher than the rate in September 2023 (82.2%). Five (5) service areas were at or above the benchmark of 80% of mobile responses provided in 45 minutes or less, with performance ranging from 78.5% (Western) to 100.0% (New Haven). Twelve (12) of the fourteen (14) sites met the 80% benchmark. The statewide median mobile response time was 29.0 minutes. The rate of episodes meeting response time during the traditional hours (89.4%) is slightly higher than the overall rate of 89.1%. During the expanded hours, there was a greater range of performance. Statewide, 80.0% of mobile episodes received a response within 45 minutes during these new hours, with performance ranging from

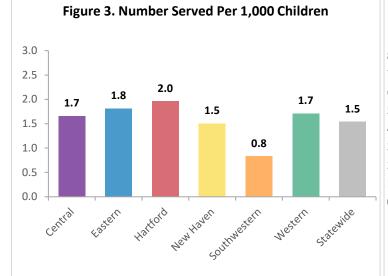
33.3% (Hartford) to 100.0% (Eastern and New Haven). When looking at these rates, it is important to keep in mind that the number of overnight episodes is very low, and the number receiving a Mobile response is even lower.

Length of Stay (LOS): The statewide median LOS for episodes discharged this month with a crisis response of *plus* stabilization follow-up was 15.0 days. The regional median LOS ranged from 11.0 days (Southwestern) to 40.5 days (New Haven). Note: these calculations only include episodes that began during FY2025.

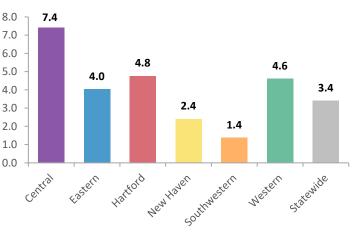


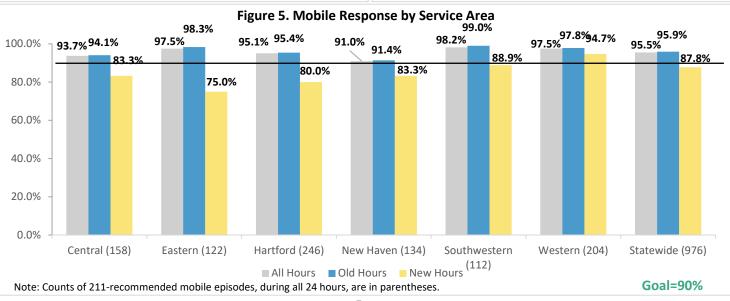
Section I: Mobile Crisis Statewide/Service Area Dashboard

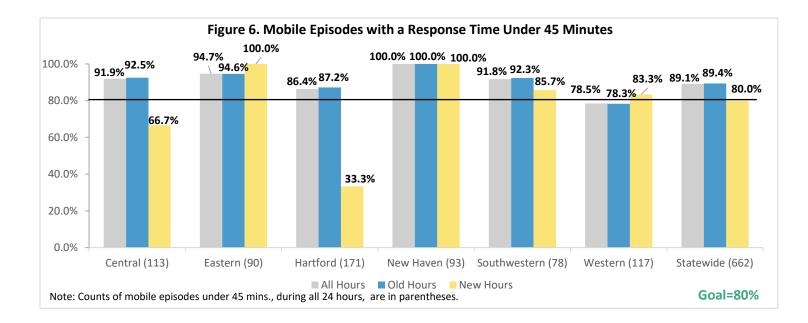




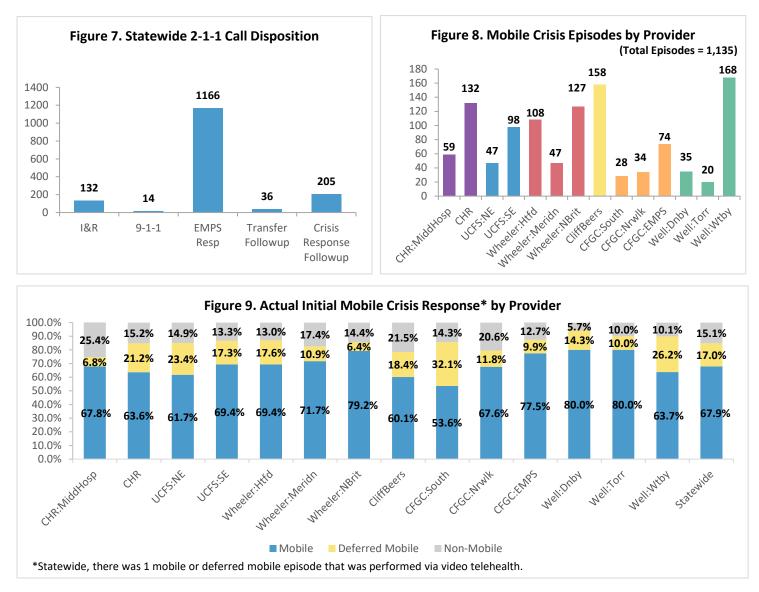








Section II: Mobile Crisis Response



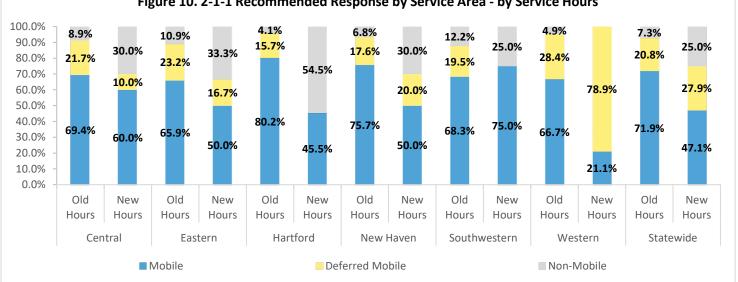
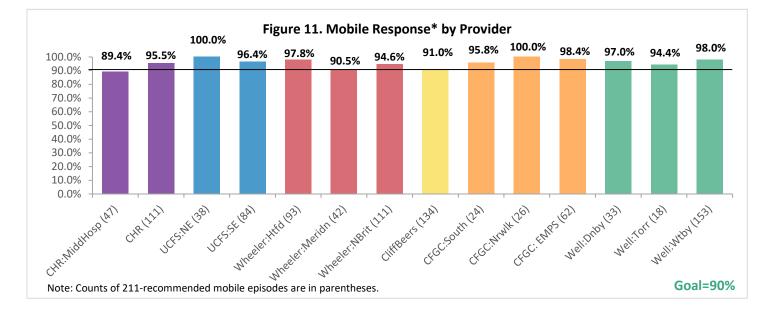
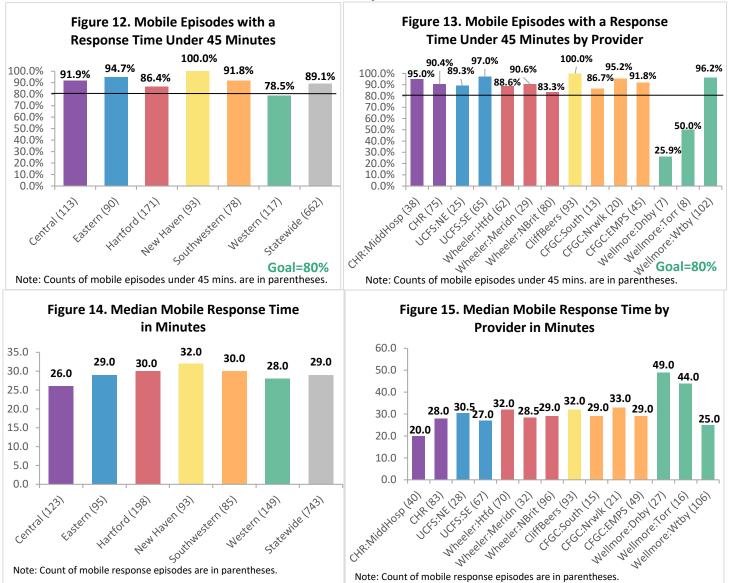


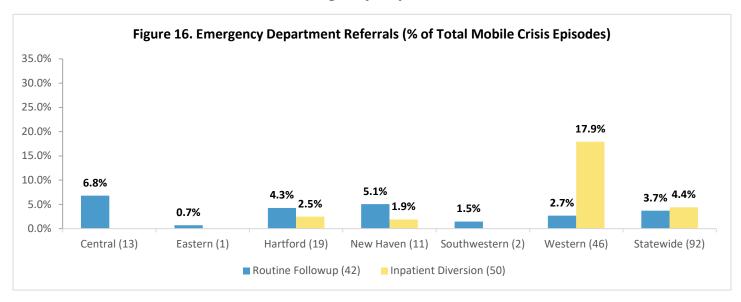
Figure 10. 2-1-1 Recommended Response by Service Area - by Service Hours

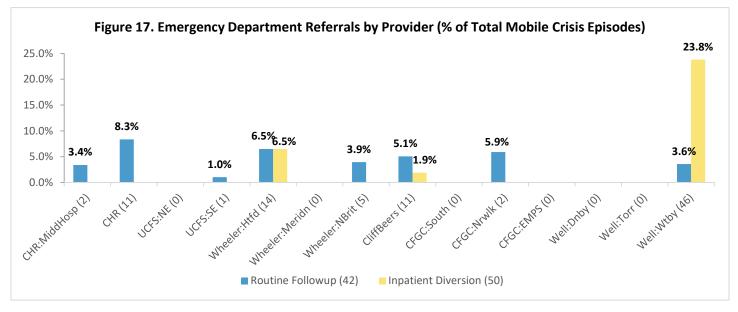


Section III: Response Time



Section IV: Emergency Department Referrals





Section V: Length of Stay (LOS)

Discharged Episodes with a Crisis Response of Plus Stabilization Follow-up					
	Number of	Mean LOS	Median LOS	Percent Exceeding	
	Episodes	(in days)	(in days)	45 Days	
STATEWIDE	272	15.0	15.0	1.1% (n = 3)	
Central	78	16.6	16.0	1.3% (n = 1)	
Eastern	8	17.5	13.0	0.0% (n = 0)	
Hartford	106	14.0	27.0	0.0% (n = 0)	
New Haven	4	31.8	40.5	50.0% (n = 2)	
Southwestern	4	35.3	11.0	0.0% (n = 0)	
Western	72	12.5	13.0	0.0% (n = 0)	

Table 1. LOS for <u>Discharged Episodes*</u> with a Crisis Response Plus Stabilization Follow-up

*Only episodes that had both a start and a discharge date within FY2025 are included in this chart