

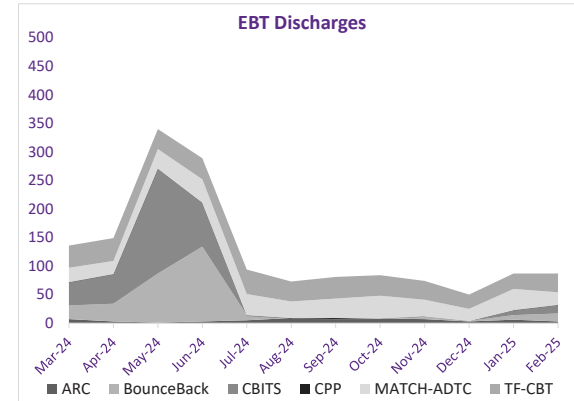
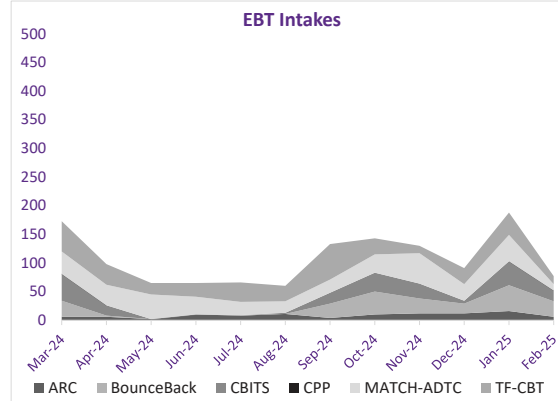
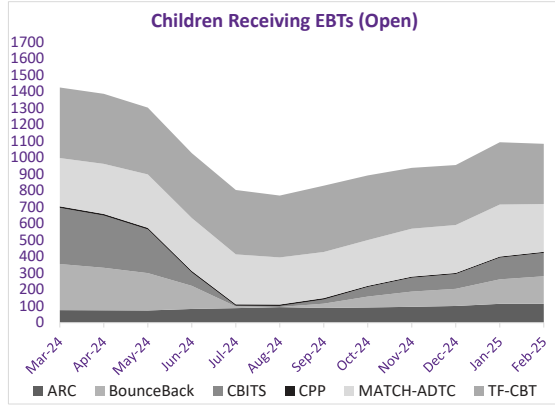
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### EBT Performance Dashboard: State of Connecticut February 2025

The Coordinating Center is located at Child Health and Development Institute. This report summarizes the monthly performance data for implementation and sustainment of Evidence-Based Treatment models (EBTs) including: Attachment, Self-Regulation, and Competency (ARC), BounceBack, Cognitive Behavioral Intervention for Trauma in Schools (CBITS), Child Parent Psychotherapy (CPP), Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC), Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

The longstanding impacts of COVID-19 on mental health needs and services may affect the data in this report. The numbers and trends in this report should be viewed in that context.

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|                  |            | Mar-24 | Apr-24 | May-24 | Jun-24 | Jul-24 | Aug-24 | Sep-24 | Oct-24 | Nov-24 | Dec-24 | Jan-25 | Feb-25 | FY25 Total | Year' Total |
|------------------|------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|------------|-------------|
| Open             | ARC        | 76     | 75     | 74     | 83     | 88     | 94     | 89     | 92     | 96     | 101    | 114    | 114    | 159        | 173         |
|                  | BounceBack | 279    | 257    | 226    | 140    | 10     | 1      | 26     | 66     | 92     | 104    | 148    | 167    | 190        | 462         |
|                  | CBITS      | 339    | 316    | 264    | 80     | 4      | 6      | 25     | 58     | 84     | 89     | 131    | 141    | 150        | 503         |
|                  | CPP        | 10     | 10     | 10     | 10     | 9      | 9      | 9      | 9      | 7      | 7      | 7      | 7      | 9          | 10          |
|                  | MATCH-ADTC | 292    | 303    | 323    | 320    | 302    | 285    | 279    | 277    | 290    | 290    | 315    | 289    | 516        | 639         |
|                  | TF-CBT     | 427    | 424    | 404    | 393    | 390    | 374    | 401    | 391    | 391    | 368    | 363    | 377    | 364        | 601         |
| Open Total       |            | 1423   | 1385   | 1301   | 1026   | 803    | 769    | 829    | 891    | 937    | 954    | 1092   | 1082   | 1625       | 2539        |
| Intakes          | ARC        | 6      | 6      | 2      | 10     | 8      | 11     | 4      | 10     | 12     | 12     | 16     | 6      | 79         | 103         |
|                  | BounceBack | 28     | 2      | 0      | 0      | 1      | 0      | 25     | 40     | 26     | 17     | 45     | 27     | 181        | 211         |
|                  | CBITS      | 47     | 18     | 0      | 0      | 0      | 2      | 19     | 33     | 26     | 5      | 42     | 19     | 146        | 211         |
|                  | CPP        | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0      | 0          | 0           |
|                  | MATCH-ADTC | 39     | 36     | 43     | 31     | 23     | 20     | 23     | 32     | 53     | 29     | 46     | 11     | 237        | 386         |
|                  | TF-CBT     | 53     | 36     | 20     | 24     | 34     | 27     | 62     | 28     | 13     | 28     | 39     | 14     | 245        | 378         |
| Intakes Total    |            | 173    | 98     | 65     | 65     | 66     | 60     | 133    | 143    | 130    | 91     | 188    | 77     | 888        | 1289        |
| Discharges       | ARC        | 7      | 3      | 1      | 3      | 5      | 9      | 7      | 8      | 7      | 3      | 6      | 3      | 48         | 62          |
|                  | BounceBack | 24     | 31     | 86     | 131    | 9      | 0      | 0      | 0      | 5      | 1      | 8      | 14     | 37         | 309         |
|                  | CBITS      | 41     | 52     | 184    | 76     | 0      | 0      | 0      | 0      | 0      | 0      | 9      | 15     | 24         | 377         |
|                  | CPP        | 0      | 0      | 0      | 1      | 0      | 0      | 2      | 0      | 0      | 0      | 0      | 0      | 2          | 3           |
|                  | MATCH-ADTC | 25     | 23     | 34     | 41     | 37     | 29     | 34     | 40     | 29     | 21     | 37     | 22     | 249        | 372         |
|                  | TF-CBT     | 39     | 40     | 35     | 37     | 43     | 35     | 38     | 36     | 33     | 25     | 27     | 33     | 270        | 421         |
| Discharges Total |            | 136    | 149    | 340    | 289    | 94     | 73     | 81     | 84     | 74     | 50     | 87     | 87     | 630        | 1544        |

<sup>1</sup> Total for the 12 months (year) displayed in table. Data pulled on 3/21/2025. Data include treatment episodes with at least one visit ever only.



## Intakes February 2025 & FY 2025

| Provider  | ARC      |           | BounceBack |            | CBITS     |            | CPP      |          | MATCH-ADTC |            | TF-CBT    |            | Total EBT |            |
|---|----------|-----------|------------|------------|-----------|------------|----------|----------|------------|------------|-----------|------------|-----------|------------|
|   | Feb-25   | FY25      | Feb-25     | FY25       | Feb-25    | FY25       | Feb-25   | FY25     | Feb-25     | FY25       | Feb-25    | FY25       | Feb-25    | FY25       |
| Redeem Wellness Center, LLC                       | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Region 1 Schools                                  | 0        | 0         | 0          | 4          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 4          |
| Seymour Public Schools                            | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Southwest Community Health Center                 | 0        | 0         | 0          | 19         | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 19         |
| Sprague Public Schools                            | 0        | 0         | 0          | 4          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 4          |
| Stamford Public Schools                           | 0        | 0         | 0          | 5          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 5          |
| Stonington Public Schools                         | 0        | 0         | 0          | 5          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 5          |
| The Center for Family Justice, Inc.               | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 5          | 0         | 5          |
| The Charlotte Hungerford Hospital                 | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 11         | 2         | 38         | 2         | 49         |
| The Child and Family Guidance Center, Inc.        | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 4          | 1         | 6          | 1         | 10         |
| The Connecticut Junior Republic Association, Inc. | 0        | 0         | 0          | 0          | 4         | 8          | 0        | 0        | 0          | 6          | 0         | 10         | 4         | 24         |
| The Gilbert School                                | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| The Latin Enrichment Organization                 | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| The Village for Families & Children, Inc.         | 0        | 1         | 0          | 5          | 0         | 0          | 0        | 0        | 0          | 9          | 0         | 11         | 0         | 26         |
| Town of Stratford - Stratford Community Services  | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| United Community and Family Services, Inc.        | 2        | 48        | 0          | 0          | 0         | 0          | 0        | 0        | 1          | 15         | 0         | 10         | 3         | 73         |
| United Services, Inc.                             | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 3          | 0         | 0          | 0         | 3          |
| Waterbury Youth Services, Inc.                    | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Waterford Country School, Inc.                    | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 1         | 3          | 1         | 3          |
| Wellmore, Inc.                                    | 0        | 1         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 1          | 0         | 3          | 0         | 5          |
| Wheeler Clinic, Inc.                              | 0        | 0         | 0          | 8          | 0         | 0          | 0        | 0        | 0          | 4          | 0         | 5          | 0         | 17         |
| Winchester Public Schools                         | 0        | 0         | 5          | 9          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 5         | 9          |
| Windham Public Schools                            | 0        | 0         | 5          | 11         | 0         | 12         | 0        | 0        | 0          | 0          | 0         | 0          | 5         | 23         |
| Yale Child Study Center                           | 0        | 0         | 0          | 0          | 0         | 0          | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| <b>Total</b>                                      | <b>6</b> | <b>79</b> | <b>27</b>  | <b>181</b> | <b>19</b> | <b>146</b> | <b>0</b> | <b>0</b> | <b>11</b>  | <b>237</b> | <b>14</b> | <b>245</b> | <b>77</b> | <b>888</b> |



## Open EBT Episodes February 2025 & FY 2025

| Provider  | ARC        |            | BounceBack |            | CBITS      |            | CPP      |          | MATCH-ADTC |            | TF-CBT     |            | Total EBT   |             |
|---|------------|------------|------------|------------|------------|------------|----------|----------|------------|------------|------------|------------|-------------|-------------|
|   | Feb-25     | FY25       | Feb-25     | FY25       | Feb-25     | FY25       | Feb-25   | FY25     | Feb-25     | FY25       | Feb-25     | FY25       | Feb-25      | FY25        |
| Patrick M. Keenan, NCC, LPC                       | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 5          | 6          | 5           | 6           |
| Pomperaug Regional School District 15             | 0          | 0          | 3          | 3          | 3          | 3          | 0        | 0        | 0          | 0          | 0          | 0          | 6           | 6           |
| Redeem Wellness Center, LLC                       | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 1          | 1          | 1           | 1           |
| Region 1 Schools                                  | 0          | 0          | 4          | 4          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 4           | 4           |
| Seymour Public Schools                            | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 0           | 0           |
| Southwest Community Health Center                 | 0          | 0          | 19         | 19         | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 19          | 19          |
| Sprague Public Schools                            | 0          | 0          | 4          | 4          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 4           | 4           |
| Stamford Public Schools                           | 0          | 0          | 5          | 5          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 5           | 5           |
| Stonington Public Schools                         | 0          | 0          | 5          | 5          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 5           | 5           |
| The Center for Family Justice, Inc.               | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 5          | 7          | 5           | 7           |
| The Charlotte Hungerford Hospital                 | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 19         | 27         | 43         | 75         | 62          | 102         |
| The Child and Family Guidance Center, Inc.        | 0          | 0          | 0          | 0          | 0          | 0          | 1        | 3        | 5          | 14         | 2          | 13         | 8           | 30          |
| The Connecticut Junior Republic Association, Inc. | 0          | 0          | 0          | 0          | 4          | 8          | 3        | 3        | 8          | 9          | 11         | 17         | 26          | 37          |
| The Gilbert School                                | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 0           | 0           |
| The Latin Enrichment Organization                 | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 0           | 0           |
| The Village for Families & Children, Inc.         | 4          | 6          | 3          | 10         | 0          | 0          | 0        | 0        | 16         | 21         | 18         | 32         | 41          | 69          |
| Town of Stratford - Stratford Community Services  | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 1          | 3          | 1           | 3           |
| United Community and Family Services, Inc.        | 54         | 73         | 0          | 0          | 0          | 0          | 0        | 0        | 22         | 40         | 10         | 17         | 86          | 130         |
| United Services, Inc.                             | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 3          | 4          | 4          | 5          | 7           | 9           |
| Waterbury Youth Services, Inc.                    | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 4          | 0           | 4           |
| Waterford Country School, Inc.                    | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 9          | 11         | 9           | 11          |
| Wellmore, Inc.                                    | 1          | 1          | 0          | 0          | 0          | 0          | 0        | 0        | 5          | 7          | 8          | 10         | 14          | 18          |
| Wheeler Clinic, Inc.                              | 0          | 0          | 8          | 8          | 0          | 0          | 0        | 0        | 5          | 9          | 7          | 10         | 20          | 27          |
| Winchester Public Schools                         | 0          | 0          | 9          | 9          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 9           | 9           |
| Windham Public Schools                            | 0          | 0          | 11         | 11         | 11         | 12         | 0        | 0        | 0          | 0          | 0          | 0          | 22          | 23          |
| Yale Child Study Center                           | 0          | 0          | 0          | 0          | 0          | 0          | 0        | 0        | 0          | 0          | 0          | 0          | 0           | 0           |
| <b>Total</b>                                      | <b>114</b> | <b>159</b> | <b>167</b> | <b>190</b> | <b>141</b> | <b>150</b> | <b>7</b> | <b>9</b> | <b>289</b> | <b>516</b> | <b>362</b> | <b>599</b> | <b>1080</b> | <b>1623</b> |



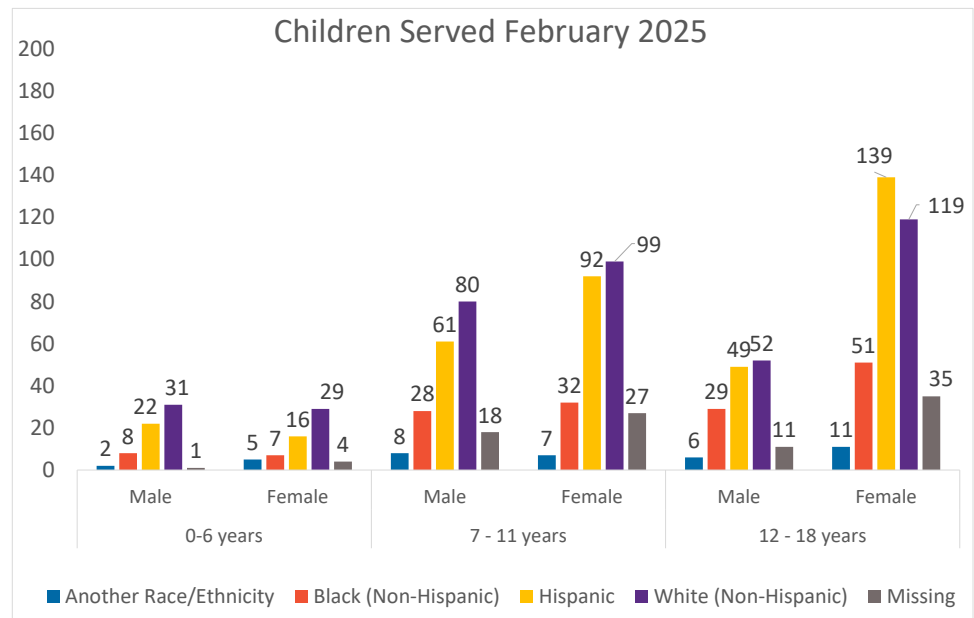
## Discharges February 2025 & FY 2025

| Provider  | ARC      |           | BounceBack |           | CBITS     |           | CPP      |          | MATCH-ADTC |            | TF-CBT    |            | Total EBT |            |
|---|----------|-----------|------------|-----------|-----------|-----------|----------|----------|------------|------------|-----------|------------|-----------|------------|
|   | Feb-25   | FY25      | Feb-25     | FY25      | Feb-25    | FY25      | Feb-25   | FY25     | Feb-25     | FY25       | Feb-25    | FY25       | Feb-25    | FY25       |
| Patrick M. Keenan, NCC, LPC                       | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 1         | 2          | 1         | 2          |
| Pomperaug Regional School District 15             | 0        | 0         | 0          | 3         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 3         | 3          |
| Redeem Wellness Center, LLC                       | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Region 1 Schools                                  | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Seymour Public Schools                            | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Southwest Community Health Center                 | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Sprague Public Schools                            | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Stamford Public Schools                           | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Stonington Public Schools                         | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| The Center for Family Justice, Inc.               | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 2          | 0         | 2          |
| The Charlotte Hungerford Hospital                 | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 8          | 5         | 37         | 5         | 45         |
| The Child and Family Guidance Center, Inc.        | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 2        | 1          | 10         | 0         | 11         | 1         | 23         |
| The Connecticut Junior Republic Association, Inc. | 0        | 0         | 0          | 0         | 0         | 4         | 0        | 0        | 0          | 1          | 0         | 6          | 0         | 11         |
| The Gilbert School                                | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| The Latin Enrichment Organization                 | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| The Village for Families & Children, Inc.         | 0        | 2         | 0          | 7         | 0         | 0         | 0        | 0        | 0          | 5          | 0         | 14         | 0         | 28         |
| Town of Stratford - Stratford Community Services  | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 2          | 0         | 2          |
| United Community and Family Services, Inc.        | 2        | 21        | 0          | 0         | 0         | 0         | 0        | 0        | 2          | 20         | 0         | 7          | 4         | 48         |
| United Services, Inc.                             | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 1          | 0         | 1          | 0         | 2          |
| Waterbury Youth Services, Inc.                    | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 4          | 0         | 4          |
| Waterford Country School, Inc.                    | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 1         | 3          | 1         | 3          |
| Wellmore, Inc.                                    | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 2          | 4          | 1         | 3          | 3         | 7          |
| Wheeler Clinic, Inc.                              | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 3          | 7          | 0         | 3          | 3         | 10         |
| Winchester Public Schools                         | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| Windham Public Schools                            | 0        | 0         | 0          | 0         | 0         | 1         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 1          |
| Yale Child Study Center                           | 0        | 0         | 0          | 0         | 0         | 0         | 0        | 0        | 0          | 0          | 0         | 0          | 0         | 0          |
| <b>Total</b>                                      | <b>3</b> | <b>48</b> | <b>0</b>   | <b>37</b> | <b>15</b> | <b>24</b> | <b>0</b> | <b>2</b> | <b>22</b>  | <b>249</b> | <b>33</b> | <b>270</b> | <b>87</b> | <b>630</b> |

| Sex for Children Served February 2025 |            |      |        |
|---------------------------------------|------------|------|--------|
|                                       | Total Open | Male | Female |
| ARC                                   | 114        | 49%  | 51%    |
| BounceBack                            | 167        | 44%  | 56%    |
| CBITS                                 | 141        | 40%  | 60%    |
| CPP                                   | 7          | 43%  | 57%    |
| MATCH-ADTC                            | 289        | 35%  | 65%    |
| TF-CBT                                | 364        | 32%  | 68%    |
| All EBTs                              | 1082       | 38%  | 62%    |

| Ages for Children Served February 2025 |            |             |              |               |
|--|------------|-------------|--------------|---------------|
|  | Total Open | 0 - 6 years | 7 - 11 years | 12 - 18 years |
| ARC                                    | 114        | 46%         | 40%          | 14%           |
| BounceBack                             | 167        | 16%         | 80%          | 5%            |
| CBITS                                  | 141        | 0%          | 18%          | 82%           |
| CPP                                    | 7          | 100%        | 0%           | 0%            |
| MATCH-ADTC                             | 289        | 6%          | 45%          | 49%           |
| TF-CBT                                 | 364        | 6%          | 33%          | 61%           |
| All EBTs                               | 1082       | 12%         | 42%          | 46%           |

| Race/Ethnicity for Children Served February 2025 |            |                             |                      |          |                    |         |
|--|------------|-----------------------------|----------------------|----------|--------------------|---------|
|  | Total Open | Another race (non-Hispanic) | Black (non-Hispanic) | Hispanic | White-Non-Hispanic | Missing |
| ARC  | 114        | 4%                          | 18%                  | 23%      | 56%                | 0%      |
| BounceBack                                       | 167        | 5%                          | 13%                  | 38%      | 45%                | 0%      |
| CBITS  | 141        | 3%                          | 26%                  | 46%      | 25%                | 0%      |
| CPP  | 7          | 0%                          | 0%                   | 71%      | 29%                | 0%      |
| MATCH-ADTC                                       | 289        | 3%                          | 10%                  | 37%      | 36%                | 13%     |
| TF-CBT   | 364        | 4%                          | 13%                  | 31%      | 37%                | 16%     |
| All EBTs   | 1082       | 4%                          | 14%                  | 35%      | 38%                | 9%      |



| Intake Status for Children Served February 2025 |            |                            |                  |                      |                            |
|---|------------|----------------------------|------------------|----------------------|----------------------------|
|   | Total Open | Child Welfare <sup>1</sup> | IEP <sup>2</sup> | ER Eval <sup>3</sup> | Alcohol/Drugs <sup>4</sup> |
| ARC   | 114        | 22%                        | 39%              | 6%                   | 1%                         |
| BounceBack                                      | 167        | 11%                        | 21%              | 1%                   | 0%                         |
| CBITS   | 141        | 11%                        | 35%              | 6%                   | 5%                         |
| CPP   | 7          | 43%                        | 14%              | 0%                   | 0%                         |
| MATCH-ADTC                                      | 289        | 10%                        | 28%              | 1%                   | 1%                         |
| TF-CBT  | 364        | 21%                        | 28%              | 3%                   | 4%                         |
| All EBTs  | 1082       | 15%                        | 29%              | 3%                   | 2%                         |

<sup>1</sup> DCF involvement at EBT intake. Includes in-home and out-of-home services.

<sup>2</sup> Individual Education Plan (special education) during the 3 months prior to EBT treatment.

<sup>3</sup> Evaluated in the ER/ED for psychiatric issues during the 3 months prior to EBT treatment.

<sup>4</sup> Alcohol and/or drug problems during the 3 months prior to EBT treatment.