



Child Health and Development Institute of Connecticut, Inc.

For Immediate Release

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Article on Local Children's Mental Health Organization Published in Nationally Recognized Journal

An article by Robert Franks, Ph.D, who is the Director of the Connecticut Center for Effective Practice (CCEP) was published in the Fall 2010 edition of the nationally recognized journal, Emotional & Behavioral Disorders in Youth. The journal focuses on "evidence-based assessments and interventions for the real world" for school counselors, social workers, psychologists, psychiatrists, educators, and other professionals who work with troubled and at-risk children and adolescents.

The article discusses CCEP's role as an "intermediary organization" that plays an important role in the promotion and dissemination of multiple programs and practices that lead to better mental health in children and youth. Franks cites an "evidence-based" approach and focus on "building capacity within a system or agency in order to implement and sustain" these practices in Connecticut.

Since its establishment in almost a decade ago, CCEP has worked closely with Connecticut's Department of Families and Children (DCF) to disseminate a number of successful programs including Multi-Systemic Therapy (MST) Extended Day Treatment (EDT) Emergency Mobile Psychiatric Services (EMPS) and, most recently, its award-winning Trauma Focused Cognitive Behavioral Therapy (TF-CBT). CCEP has a number of contracts with the state of Connecticut to provide a variety of services including consultation, training, best practice model development, quality assurance/improvement and outcome evaluations. In addition, Franks' article notes that CCEP staff "educate and inform, acting as catalysts for [policy and] systems change."

The Connecticut Center for Effective Practice is a division of the Child Health and Development Institute (CHDI) of Connecticut, a non-profit policy and research institute whose goal is to ensure that all children in Connecticut have access to and benefit from a comprehensive, effective, community-based health and mental health care system.

For additional information, please contact Robert Franks at rfranks@uchc.edu or (860) 679-1531.

Child Health and Development Institute of Connecticut (CHDI) is the operating arm of the Children's Fund of Connecticut (CFC) a public, charitable foundation focused on developing comprehensive, effective, community-based health and mental health care systems for children and their families. Based in Farmington, CHDI works to advance policy, systems, program and practice changes that will result in better health and developmental outcomes for the children of Connecticut.

The Connecticut Center for Effective Practice (CCEP), a division of CHDI, focuses on improving mental health care for children across Connecticut. CCEP collaborates with state agencies and academic institutions to improve the effectiveness of treatment provided to all children with serious and complex emotional, behavioral, and addictive disorders.

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