

For Immediate Release
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High Quality Treatment for Child Traumatic Stress Available Throughout Connecticut

CHDI is Training Six More Agencies in the Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Model, Bringing Statewide Network to 28 Agencies (serving 32 locations)

Farmington, CT – Connecticut families have access to a highly effective intervention for children that can alleviate the emotional and behavioral challenges that may arise in children who have been exposed to trauma. The intervention, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) has significant national research showing its effectiveness. In Connecticut, a study of children treated for trauma using TF-CBT showed an almost 50% remission in symptoms related to post-traumatic stress.

Over the past five years, CHDI has trained a statewide network of 28 community mental health agencies to deliver TF-CBT, including six agencies announced today. *[Click here](#) for a map and listing of TF-CBT provider locations across the state.* In 2012 approximately 1,000 children in Connecticut received TF-CBT.

“We know that the symptoms of traumatic stress are treatable and the TF-CBT model produces excellent results,” said Dr. Bob Franks, Vice President of Mental Health Initiatives at the Child Health and Development Institute of Connecticut (CHDI). “The addition of these eight locations means all families in Connecticut can access nearby care for their child when they need it.”

The six new agencies, serving eight locations are:

Behavioral Health Consulting Services, LLC
Willimantic, CT
Avon, CT
Working with: Willimantic DCF

Catholic Charities Archdiocese of Hartford
Institute for the Hispanic Family
Hartford, CT
Working with: Hartford DCF

Day Kimball Healthcare
Putnam, CT
Working with: Willimantic DCF

Family Centers, Inc.
Stamford, CT
Working with: Stamford/Norwalk DCF

FSW, Inc.
Bridgeport, CT
Working with: Bridgeport DCF

Yale Child Study Center:
Outpatient Psychiatric Clinic for Children (New Haven, CT)
The West Haven Mental Health Clinic (West Haven, CT)
Working with: New Haven and Milford DCF offices

Led by CHDI, the six clinic teams train together using a Learning Collaborative approach where they participate in face-to-face trainings, receive consultation from TF-CBT experts, and work with local DCF offices to establish collaborative relationships. The training is funded by the federal CONCEPT grant, (a five-year \$3.2 million grant awarded to the Connecticut Department of Children and Families by the Department of Health and Human Services, Administration for Children and Families, Children’s Bureau, Grant #0169).

Important information for parents on children’s mental health issues and resources in Connecticut is available at www.kidsmentalhealthinfo.com.

For more on CHDI’s work to build a trauma-informed system of care in Connecticut visit www.chdi.org or read: [Issue Brief 13: Child Traumatic Stress: CHDI’s Response to a Public Health Crisis \(5/7/12\)](#). For additional questions, please contact Jason Lang at: jalang@uchc.edu or 860-679-1550 or Julie Tacinelli at: Tacinelli@uchc.edu or 860-679-1534.

