

MEANINGFUL CHANGE: MEASURABLE RESULTS



Improving Children’s Health and Well Being



Child Health and
Development Institute
of Connecticut, Inc.



Children's Fund
of Connecticut, Inc.

The Children’s Fund of Connecticut and
the Child Health and Development Institute

ADVANCE CHANGES THAT RESULT IN BETTER OUTCOMES FOR CONNECTICUT’S CHILDREN.

Reforming Policy
Strengthening Systems
Improving Practice



Our Areas of Work:

- Health
- Mental Health
- Early Childhood

MEANINGFUL CHANGE IN HEALTH CARE

BETTER CARE FROM THE START

CHDI supports a medical home model of pediatric primary care, helping practices transform the care they provide to children and their families.

Medical Home

We assist pediatric practices to adopt a model of care that is accessible, coordinated, family-centered, culturally competent and comprehensive by providing training and advancing system changes.

Behavioral Health & Primary Care

We strengthen the capacity of primary care practices to screen for and address children's behavioral health concerns and more effectively connect children to mental health services.

Health System Innovation

We identify, test and develop solutions for improving children's health services. Care coordination, co-management and mid-level developmental assessment are helping child health providers identify concerns early, access specialty care and connect Connecticut families to the care they need.

EPIC (Educating Practices In the Community)

Our signature EPIC program helps health providers incorporate best practices and access available resources. EPIC trains providers on topics such as screening and early intervention, hearing monitoring, oral health, connecting children to mental health services and maternal depression.

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Better Care

- ▶ Through ten years of EPIC trainings, CHDI has helped 80% of Connecticut's pediatric practices improve their quality of care and expand their scope of services.

Earlier Detection of Developmental Risks

- ▶ Our work contributed to a 20-fold increase over six years in the number of young children screened annually for developmental delays. In 2013, 28,000 children younger than three enrolled in HUSKY received screening for developmental delays, compared to only 1,400 in 2007.
- ▶ Over the past two years, 280 children whose initial developmental screenings highlighted concerns received a new “middle” level assessment and were connected to intervention services they may not have otherwise received.

Accessible and Coordinated Care

- ▶ We tested shared care strategies with pediatric primary care and subspecialty providers to treat common conditions such as concussion, Lyme disease and mild-to-moderate depression, resulting in more children receiving the care they need within their primary care medical home.
- ▶ The Department of Public Health adopted our Hartford model of care coordination services, expanding it so that all children with special health care needs and their families in Connecticut are linked to the services they need.

MEANINGFUL CHANGE IN MENTAL HEALTH CARE

ACCESS TO EFFECTIVE TREATMENT

We improve quality and access for children’s mental health services in Connecticut by identifying, implementing and evaluating effective models of treatment.

Trauma-Informed Care

We are building and advancing a robust network of care to identify and treat children and families who have experienced trauma. This includes universal trauma screening and access to evidence-based treatment for child traumatic stress through Trauma-Focused Cognitive Behavioral Therapy (TF-CBT).

School Mental Health

We help schools identify and connect students with behavior problems to needed community-based mental health services, often as an alternative to arrest, suspension or expulsion.

Evidence-Based Practices

We support treatment models that have been proven by research to help children and their families experience better outcomes. We share these models through evaluation and training using a learning collaborative approach.

Quality Improvement

We ensure the quality and fidelity of mental health practices in real-world settings by monitoring programs and services and measuring their results.

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Addressing Trauma

- ▶ CHDI helped nearly 4,300 children access effective trauma-focused treatment by disseminating Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) across Connecticut. More than 50,000 children have been screened for trauma at agencies trained in TF-CBT since 2007.
- ▶ Up to 80% of children completing treatment with TF-CBT in Connecticut experienced dramatic reductions in posttraumatic stress disorder and depression symptoms.

Improving Quality

- ▶ We trained nearly 2,000 mental health clinicians in evidence-informed practices to treat child trauma, anxiety, depression and behavioral issues since 2007.
- ▶ Since 2009, through our Performance Improvement Center, we helped double the number of children served annually by the state's mobile crisis mental health program and improved provider performance, response time and outcomes.

Getting Children the Help They Need

- ▶ We trained more than 1,400 pediatric health care providers over the past four years to identify children with potential mental health needs and connect them to available services.
- ▶ Beginning in 2009 through the School-Based Diversion Initiative (SBDI), we reduced court referrals by an average of 29% and increased needed mental health service referrals by an average of 64% in 21 Connecticut schools with high arrest rates.

MEANINGFUL CHANGE IN EARLY CHILDHOOD SYSTEMS

HEALTHY BEGINNINGS FOR ALL CHILDREN

We promote early childhood health as an integral part of school readiness through policy and planning efforts and work to improve the health and safety of early care and education programs.

Comprehensive Early Childhood Systems

We provide funding and resources to help communities integrate children's health into early childhood systems. We also work with the Connecticut Office of Early Childhood on system integration and community-level supports to help keep children healthy.

Workforce Development

We are developing systems to promote children's safety, health, mental health and development in professions working with young children. Areas of focus include early intervention for developmental concerns, safe medication administration in early care and education settings, and infant and early childhood mental health.

Data Development

We are building reliable local health data systems to inform state and community planning for early childhood health and school readiness and to give early care and education providers important health information about the children in their care. Through our health data initiative, we are improving communication between pediatricians and early care and education providers.

Tools for Parents

We published a series of "Caring for Connecticut's Children" handbooks for parents and caregivers of young children. These free guides help promote healthy development for children from birth through age five.

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Improving Children's Health

- ▶ Over the past four years, CHDI and the Children's Fund of Connecticut have supported more than 25 Connecticut communities to identify local child health issues and develop a community-wide plan for addressing these health concerns.
- ▶ We are working with more than 40 early care and education sites, serving more than 2,600 children in eight communities, to improve the sharing of health information between child health and early care and education providers.

Keeping Children Safe

- ▶ We are improving safety for an estimated 10,000 Connecticut children who need medication while in an early care and education setting by supporting the Yale School of Nursing's development of a high-quality medication administration training system for providers and nurse consultants.

Promoting Healthy Development

- ▶ Through our partnership with the Connecticut Association for Infant Mental Health (CT-AIMH), we are training professionals to promote infant mental health. Nineteen professionals have earned the CT-AIMH Endorsement (IMH-E®), with 25 more in the pipeline.

WHAT'S NEXT

CHDI continues to be on the forefront, planning new initiatives to support the health and well being of Connecticut's children.

Statewide Children's Behavioral Health Plan

- ▶ We are working with the Connecticut Department of Children and Families to develop a comprehensive and integrated behavioral health plan for all children in Connecticut, as required by Public Act 13-178.

Consultation on Mental Health in Schools

- ▶ We are partnering with local school districts and communities to assess their capacity for meeting students' mental health needs and make recommendations for system improvements.

Evidence-Based Practices

- ▶ We are making high quality children's mental health treatments available in Connecticut by supporting additional evidence-based treatments for children's mental health, including Child and Family Traumatic Stress Intervention (CFTSI) and Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC).

Primary Care and Early Care and Education

- ▶ We will be strengthening connections between health and early care and education providers so that they share important information about the health and developmental needs of the children in their care.

Childhood Obesity Prevention

- ▶ We will combat childhood obesity by focusing on what can be done during pregnancy and in the earliest years of a child's life.

Infant Mental Health

- ▶ We will enhance our KidsMentalHealthInfo.com website to provide infant mental health training resources for health and early care and education providers.



Financial Details

The Child Health and Development Institute of Connecticut is a subsidiary of the **Children’s Fund of Connecticut**, a public charitable foundation that focuses its resources on developing comprehensive, effective, community-based health and mental health care systems for children and their families.

The Children’s Fund of Connecticut, Inc. Consolidated Statement of Financial Position
September 30, 2013 and 2012

	2013	2012
Total Assets	\$34,581,745	\$33,897,082
Total Liabilities	451,083	964,676
Total Net Assets	34,130,662	32,932,406
Total Liabilities & Net Assets	\$34,581,745	\$33,897,082

The Children’s Fund of Connecticut, Inc. Consolidated Statement of Activities
September 30, 2013 and 2012

	2013	2012
CHANGES IN UNRESTRICTED NET ASSETS		
Total Operating Support & Net Revenue	\$5,272,385	\$5,293,523
Less Total Expenses	4,840,628	5,143,652
Unrealized gain on investments	2,075,141	3,582,091
Increase in unrestricted net assets	2,506,898	3,731,962
CHANGES IN TEMPORARILY RESTRICTED NET ASSETS		
Increase (decrease) in temporarily restricted net assets	(1,308,642)	309,772
Changes in Net Assets	1,198,256	4,041,734
Net Assets, Beginning of Year	32,932,406	28,890,672
Net Assets, End of Year	\$34,130,662	\$32,932,406

FY 2012 and 2013 Board Members

Thomas Barnes	Kevin Flaherty	Barbara McGrath	Keith Stevenson*
Andrea Benin	Brian Forsyth	Judith Meyers	Ann Taylor*
Fernando Betancourt	Margaret Grey	Dean Rapoza	Robert Trestman
Jennifer Carroll	Edward Keith	Juan Salazar	Moses Vargas
George Coleman	Kevin Kelly	Kenneth Spiegelman	Fred Volkmar
			*rotated off board 9/12

FY 2012 and 2013 CHDI Staff

Kristin Adomeit	Robert Franks	Nancy Leach	Mary Peniston
Chris Bory	Lisa Honigfeld	Susan Macary	Mark Plourd
Jeana Bracey	Tesha Imperati	Regina Martin	Lori Schon
Kim Campbell	Paulette James	Judith Meyers	Paul Suter
Yecenia Casiano	Jason Lang	Maggy Morales	Julie Tacinelli
Michelle Delaney	Cindy Langer	Carol O'Connor	Jeff Vanderploeg

Learn more about how to advance the health and well being of Connecticut's children.

Visit our website (www.CHDI.org) to read our Issue Briefs, IMPACT series and other publications, including:

- ▶ **Working Together to Meet Children's Health Needs** – Primary & Specialty Care Co-Management
- ▶ **The Earlier the Better** – Developmental Screening for Connecticut's Young Children
- ▶ **Improving Outcomes for Children in Schools** – Expanded School Mental Health
- ▶ **Care Coordination** – Improving Children's Access to Health Services

Explore our resources for parents, providers and educators, including:

- ▶ **Caring for Connecticut's Children** – A two-volume guide for parents and caregivers on how to keep young children healthy and safe can be downloaded for free at www.CHDI.org
- ▶ **www.KidsMentalHealthInfo.com** – A website with important children's mental health information and resources for parents and caregivers
- ▶ **The SBDI Toolkit: A Community Resource for Reducing School-Based Arrests** – A free guide to help schools divert students at risk of arrest to community mental health services
- ▶ **Training Opportunities** – A variety of programs for child health and mental health professionals can be found on our website



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- Visit our website, like us on Facebook and join our email list for the latest Issue Briefs, news, research and updates on children's health issues in Connecticut.



www.CHDI.org

