



Pediatric Primary Care and Mental Health Collaboration

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Pediatric Practice

- ◆ Fast paced....15 minute visits
- ◆ Patients of many ages (birth to 18)
- ◆ Well child care vs acute care visits
- ◆ Several concerns/diagnoses
- ◆ Several staff participate in patient care

Screening and Assessment in Pediatric Primary Care

Screening tools

- Pediatric Symptom Checklist
- Infant Toddler Socio-Emotional Assessment
- Maternal depression screening

Assessment tools

- Personal Health Questionnaire
- CESDC
- CRAFT
- Scared

Addressing Mental Health in Pediatric Visits

- ◆ Well child care
- ◆ Presenting mental health conditions
- ◆ Symptoms that suggest mental health concerns

Pediatricians' Experience with Mental Health Providers

- ◆ Typical referral experience
- ◆ Contact for consultation
- ◆ Closed cases

Overcoming professional cultural differences

Collaboratively develop and use communication tools

Encourage practices to do behavioral health screening to best identify children who will benefit from your services

Get to know all of the staff members at pediatric sites

Meet periodically to review collaboration

